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SIZE UP THE SITUATION

Improperly sized apparel is a prime cause of heartache and sadness. Remember when you showed up at school wearing high-water pants? Of course that's nothing compared to the crack-tacular combination of too-short shirt and too-loose pants. Don't let these calamities occur. Your gear will be more effective and comfortable if you choose appropriate sizes.



ProFlex® Gloves

Measure around the palm. **DO NOT** include the thumb area. Use the size chart across the bottom of this page to double check your size choice.



ProFlex® Wrist Supports

Measure around the smallest part of the wrist.



ProFlex® Wrist Wraps

Measure around the smallest part of the wrist.



ProFlex® Elbow Supports

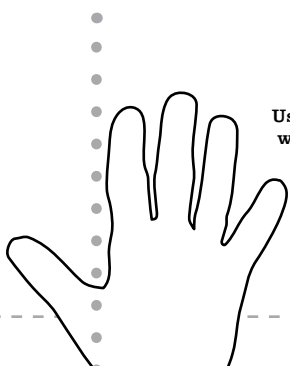
In a relaxed position, measure around the widest area of the forearm just below the elbow. For best fit, an elbow support should sit about 2-3 finger widths below the elbow crease.



Ergodyne® Knee Sleeves

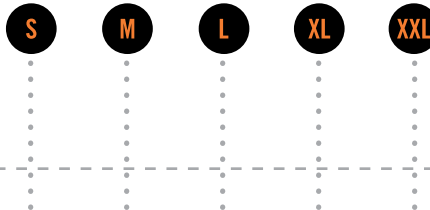
Measure around the center of the knee with the knee extended.

SIZE:	FITS HANDS:	FITS WRISTS:	FITS WRISTS:	FITS ELBOWS:	FITS KNEES:
X-Small	-----	-----	-----	up to 9" (23 cm)	12-13" (31-33 cm)
Small	Sz. 7: up to 8" (20 cm)	up to 6" (15 cm)	-----	9-10" (23-25 cm)	13-14" (33-36 cm)
Medium	Sz. 8: 8-9" (20-23 cm)	6-7" (15-18 cm)	-----	10-11" (25-28 cm)	14-15" (36-38 cm)
Large	Sz. 9: 9-10" (23-25 cm)	7-8" (18-20 cm)	-----	11-12" (28-30 cm)	15-16" (38-41 cm)
X-Large	Sz. 10: 10-11" (25-28 cm)	8" and over (20 cm)	-----	12-13" (30-33 cm)	16-18" (41-46 cm)
2XLarge	Sz. 11: 11-12" (28-30 cm)	-----	-----	13-16" (33-36 cm)	18-20" (46-51 cm)
3XLarge	-----	-----	-----	-----	-----
4XLarge	-----	-----	-----	-----	-----
S/M	-----	-----	5-7" (15-19 cm)	-----	-----
L/XL	-----	-----	7-9" (19-23 cm)	-----	-----



Use this "handy" diagram to determine which ProFlex® glove fits your hands.

Align with the dotted line at left for optimum grip and finger control, glove should fit snug.



What size do you need?

Place the index finger OF YOUR RIGHT HAND next to the dotted line as shown. To find your proper size, refer to the closest line to the right side edge of your hand.

**Trex™
Ice Traction**

Use shoe or boot size to determine the appropriate size. Trex™ Ice Traction should fit snugly.



**Trex™
Insoles**

Use shoe or boot size to determine the appropriate Trex™ Insoles size. Insoles are trimmable in half-size increments.



SIZE:	6310 FITS SHOE SIZE:			6300 FITS SHOE SIZE:			US MENS:	US WOMENS:	UK:	EU:	MONDO:*
	USM	UK	EU	USM	UK	EU					
Small							3.0-4.5	4.5-6.0	2.0-3.5	34.0-36.0	22.5-23.5
Medium	5-8	4.5-7.5	37-41	5-8	4.5-7.5	37-41	5.0-6.5	6.5-8.0	4.0-5.5	37.0-38.5	24.0-24.5
Large	8-11	7.5-10.5	41-44.5	8-11	7.5-10.5	41-44.5	7.0-8.5	8.5-10.0	6.0-7.5	39.0-42.0	25.0-26.0
X-Large	11-13	10.5-12.5	44.5-47.5	11-14	10.5-13.5	44.5-48.5	9.0-10.5	10.5-12.0	8.0-9.5	43.0-44.0	26.5-27.5
2XLarge	-----			-----			11.0-12.5	12.5-14.0	10.0-11.5	44.5-46.5	28.0-29.0
3XLarge	-----			-----			13.0-15.5	14.5-16.5	12.0-14.5	49.0-49.0	29.0-31.0

* Mondo sizing is simply the centimeter length of the foot. To find your size, measure the length of your current insole from heel to furthest toe point.



**ProFlex®
Back Supports**

Measure around the waist. A support should fit snugly, but not so tightly that it cannot be cinched firmly when ready to lift.



**CORE Performance
Work Wear® Bottoms**

Use standard waist size measurement.



**CORE Performance
Work Wear® Shirts**

If you are not comfortable with snug fitting compression garments you may want to upsize on the base layer ripped fit models.



**CORE Performance
Work Wear® Outerwear**

Bring tape measure around the widest part of your chest, under your arms, completely around your torso.



**CORE Performance
Work Wear® Bibs**

Use standard waist size measurement.

SIZE:	FITS WAISTS:	FITS WAISTS:	FITS CHEST SIZE:	FITS CHEST SIZE:	FITS WAISTS:
X-Small	Up to 25" (64 cm)	-----	-----	-----	-----
Small	25-30" (64-76cm)	-----	-----	34-36" (86-91 cm)	-----
Medium	30-34" (76-86cm)	31-34" (79-86cm)	38-41" (97-104cm)	36-38" (91-97 cm)	30-34" (76-86 cm)
Large	34-38" (86-97cm)	34-37" (86-94cm)	41-44" (104-112cm)	38-42" (97-107 cm)	34-38" (86-97 cm)
X-Large	38-42" (97-107cm)	37-40" (94-102cm)	44-47" (112-119cm)	42-46" (107-117 cm)	38-42" (97-107 cm)
2XLarge	42-46" (107-117cm)	40-44" (102-112cm)	47-50" (119-127cm)	46-50" (117-127 cm)	42-46" (107-117 cm)
3XLarge	46-52" (117-132cm)	44-48" (112-122cm)	50-53" (127-135cm)	50-54" (127-137 cm)	46-48" (117-123 cm)
4XLarge	52-58" (132-147cm)	-----	-----	-----	-----



**GloWear®
Hi-Vis Shirts**

T-Shirt, Polo Shirt, and Sweatshirt are individually sized S, M, L, XL, 2XL, 3XL, 4XL, 5XL and follow standard sizing.



**GloWear®
Hi-Vis Vests**

Vests & Vests w/Sleeves are sold in combined sizes: S/M, L/XL, 2XL/3XL, and 4XL/5XL. *Note: 8240HL is available in M/L and XL/2XL only.



**GloWear® Pants
8910/8911**

Use standard waist size measurement.



**GloWear® Pants
8915/8925**

Use standard waist size measurement.



**GloWear®
Jackets**

Bring tape measure around the widest part of your chest, under your arms, completely around your torso.

SIZE:	FITS CHEST SIZE:	FITS CHEST SIZE:	FITS WAIST SIZE:	FITS WAIST SIZE:	FITS CHEST SIZE:
Small	34-36" (86-91 cm)	-----	-----	Up to 30" (76 cm)	34-36" (86-91 cm)
Medium	36-38" (91-97 cm)	-----	-----	30-34" (76-86 cm)	36-38" (91-97 cm)
Large	38-42" (97-107 cm)	-----	-----	34-38" (86-97 cm)	38-42" (97-107 cm)
X-Large	42-46" (107-117 cm)	-----	-----	38-42" (97-107 cm)	42-46" (107-117 cm)
2XLarge	46-50" (117-127 cm)	-----	-----	42-46" (107-117 cm)	46-50" (117-127 cm)
3XLarge	50-54" (127-137 cm)	-----	-----	46-48" (117-123 cm)	50-54" (127-137 cm)
4XLarge	54-58" (137-147 cm)	-----	-----	48-50" (123-127 cm)	54-58" (137-147 cm)
5XLarge	58-62" (147-157 cm)	-----	-----	50-54" (127-137 cm)	58-62" (147-157 cm)
S/M	-----	36-44" (91-112 cm)	Up to 40" (102 cm)	-----	-----
M/L (8240HL only)	-----	40-48" (102-123 cm)*	-----	-----	-----
L/XL	-----	44-52" (112-132 cm)	40-46" (102-117 cm)	-----	-----
XL/2XL (8240HL only)	-----	48-56" (123-142 cm)*	-----	-----	-----
2XL/3XL	-----	52-58" (132-147 cm)	46-52" (117-132 cm)	-----	-----
4XL/5XL	-----	58-64" (147-163 cm)	52-58" (132-147 cm)	-----	-----



**ChillIts®
Cooling Vest 6665**

Bring tape measure around the widest part of your chest, under your arms, completely around your torso.



**Arsenal®
Synthetic Rigs**

Choose your synthetic belt size based on your pant waist size.



**Arsenal®
MOLLE Vest**

Bring tape measure around the widest part of your chest, under your arms, completely around your torso.

SIZE:	FITS CHEST SIZE:	FITS WAIST SIZE:	FITS CHEST SIZE:
X-Small	-----	-----	TBD
Small	-----	-----	TBD
Medium	36-38" (91-97 cm)	-----	TBD
Large	38-42" (97-107 cm)	29-38" (74-97cm)	TBD
X-Large	42-46" (107-117 cm)	36-44" (91-112cm)	TBD
2XLarge	46-50" (117-127 cm)	42-49" (107-125cm)	TBD
3XLarge	50-54" (127-137 cm)	-----	TBD
4XLarge	-----	-----	TBD

**WE STAND BEHIND
EVERYTHING WE MAKE
AND GUARANTEE OUR
PRODUCTS TO BE FREE OF
DEFECTS IN MATERIALS
AND WORKMANSHIP TO THE
ORIGINAL PURCHASER FOR THE
LIFETIME OF THE PRODUCT.**

**(DON'T LAWYERS JUST BRING YOU DOWN?:
DAMAGE, ABUSE, AND/OR NORMAL
WEAR ARE NOT COVERED.)**