

Workman® Fall Protection Products



*Because every life has a **purpose...***

Workman® Full-Body Harnesses



Quality, comfort, and value come together in the Workman line of products. Workman Full Body and Construction Harnesses feature lightweight components and durable webbing.

Features and Benefits

- Optimum quality at an economical price
- Yellow polyester webbing for increased visibility
- Color-contrasting thigh and torso straps simplify donning
- Choice of Qwik-Fit or tongue-buckle leg straps for easy adjustment
- Web retainer collars keep excess webbing neat
- Includes two lanyard keepers for added safety when lanyard leg is not in use
- All Workman Harnesses include a load indicator to alert users when the harness has been involved in a fall event

Harness Accessories

MSA Harness Accessories maximize user comfort and allow customization of harnesses.



Shoulder Pads
Part No. 10077489

Workman Harness Ordering Information

PART NO.	D-Ring Configuration				Size				Leg Buckle Type		Standards	
	Back	Back, Chest	Back, Chest, Hips	Back, Hips	XSM	STD	XLG	SXL	Tongue Buckle	Qwik-Fit	OSHA/ANSI/CSA	ANSI/OSHA
10072478	■				■					■	■	
1 10072479	■					■				■	■	
1 10072480	■						■			■	■	
1 10072481	■							■		■	■	
2 10072482				■	■					■	■	
1 10072483				■		■				■	■	
1 10072484				■			■			■	■	
2 10072485				■				■		■	■	
2 10072486	■				■				■		■	
1 10072487	■					■			■		■	
1 10072488	■						■		■		■	
1 10072489	■							■	■		■	
2 10072490				■	■				■		■	
1 10072491				■		■			■		■	
1 10072492				■			■		■		■	
2 10072493				■				■	■		■	
10108743		■			■				■		■	
10108744		■				■			■		■	
10108745		■					■		■		■	
10108767			■		■				■		■	
2 10108768			■			■			■		■	
10108769			■				■		■		■	
10108770			■					■	■		■	
2 10108772			■			■				■	■	
10125152			■			■				■		■
10125153			■				■			■		■

Workman Construction Harness Ordering Information

PART NO.	Size				Padding		D-Ring Extension	Standards	
	XSM	STD	XLG	SXL	None	Shoulder		OSHA/ANSI/CSA	ANSI/OSHA
2 10072494	■				■			■	
1 10072495		■			■			■	
1 10072496			■		■			■	
2 10072497				■	■			■	
10077490	■					■		■	
1 10077571		■				■		■	
1 10077572			■			■		■	
1 10077573				■		■		■	
10122507		■				■	■		■
10122707	■					■	■		■
10122745			■			■	■		■
10122746				■		■	■		■

Workman® Energy-Absorbing Lanyards



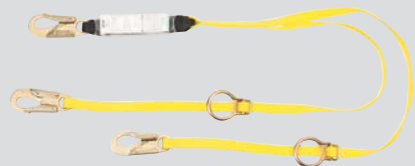
Workman Energy-Absorbing Lanyard
Part No. 10113157



Workman Energy-Absorbing Lanyard
Part No. 10129118



Workman Energy-Absorbing Lanyard
Part No. 10113163



Workman Energy-Absorbing Lanyard
Part No. 10129119



Workman Energy-Absorbing Lanyard
Part No. 10129120



Workman Energy-Absorbing Lanyard
Part No. 10129152



Workman Energy-Absorbing Lanyard
Part No. 10129151



Workman Energy-Absorbing Lanyard
Part No. 10129153

When a fall hazard is present, use a lightweight, low-profile Workman Energy-Absorbing Lanyard. The energy absorber not only limits force on the body in a fall, but also on the anchor location. The shock absorber includes a clear, durable protective cover over the labels to increase service life and enable easy inspection.

- Tear-tape design keeps average fall arrest forces below 900 lbs.
- Choice of single- or twin-leg configurations
- Choice of adjustable or tie-back configurations

Workman Energy-Absorbing Lanyards Ordering Information

PART NO.	Harness Connection	Anchorage Connection	Type			Standards		
			Single-Leg	Twin-Leg	Tie-Back	ANSI 359.13	CSA Z259.11	OSHA
1 10129118	LC	LC	■		■			■
1 10129119	LC	(2) LC		■	■			■
1 10129120	LC	LC	■					■
1 10129151	LC	(2) GL3100		■				■
1 10129152	LC	(2) LC		■				■
1 10129153	LC	GL3100	■					■
1 10113157	36C	36C	■		■	■		■
1 10113158	36C	36C	■			■		■
1 10113159	36C	(2) 36C		■		■		■
1 10113162	36C	(2) 36C		■	■	■		■
1 10113163	36C	(2) 36CL		■		■		■
1 10113164	36C	36CL	■			■		■
1 10072472	36C	36C	■		■		■	■
1 10072473	36C	(2) 36C		■	■		■	■
1 10072474	36C	36C	■				■	■
1 10072475	36C	(2) 36CL		■			■	■
1 10073708	36C	(2) 36C		■			■	■
1 10076124	36C	36CL	■				■	■

Workman Rebar Assembly

Designed for work positioning applications such as tying rebar or constructing concrete forms. Meets applicable OSHA regulations and is CSA Z259.11-05 certified.



Rebar Web Assembly, 13" legs,
with large sliding snaphook
Part No. 10072498

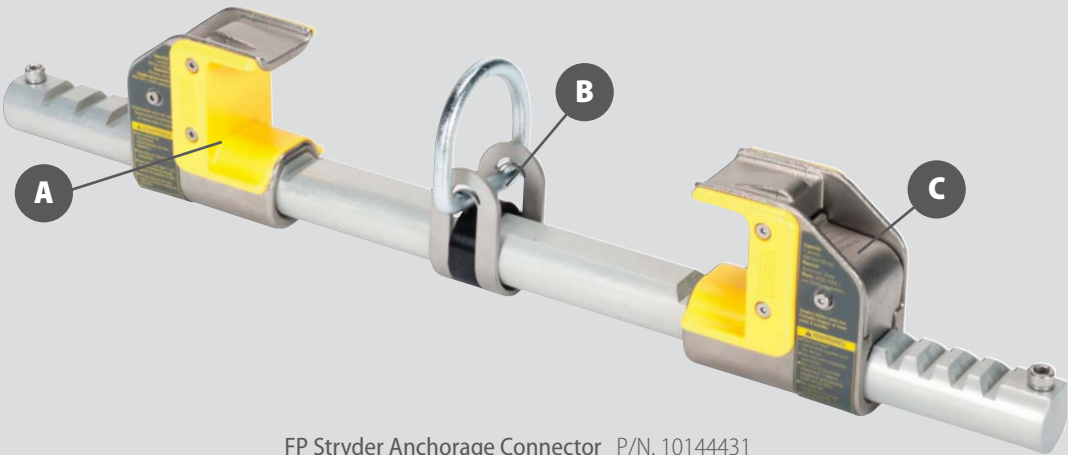
Workman Restraint Lanyard

Restraint lanyards are primarily used for travel restriction (to restrain a worker from reaching a fall hazard) and work positioning (stabilizing a worker at an elevated location) applications. Workman Restraint Lanyards meet applicable OSHA regulations and are CSA Z259.11-05 certified.



6-ft, adjustable, polyester web restraint
lanyard with LC snaphooks
Part No. 505204

Workman FP Stryder Anchorage Connector



FP Stryder Anchorage Connector P/N. 10144431



(A) Beam glide



(B) Load indicator



(C) Push button adjustment

2 models available to fit most beam sizes!

- Standard version fits beam flange widths from 4" to 13.5"
- XL version fits beam flange widths from 14" to 23.5"

Features

- Low-friction wear pads with Teflon® eliminate metal-to-metal contact and allow the FP Stryder Anchorage Connector to glide effortlessly along the beam flange
- Integral load indicator alerts user if the unit has been exposed to a fall
- Versatile design allows for mounting overhead or at worker's feet
- Vernier adjustability enables a secure fit and ¼" adjustment intervals
- Easy to use lever-locking adjustment - No pins to lose!

ORDERING INFORMATION		
	P/N	Description
1	10144431	FP Stryder Anchorage Connector, Standard version, fits beam flange widths from 4" - 13.5"
	10144432	FP Stryder XL Anchorage Connector, XL version, fits beam flange widths from 14" - 23.5"

PRODUCT SPECIFICATION			
MAXIMUM WORKING LOAD	400 lbs	CERTIFICATION	This product meets or exceeds the following standards: OSHA ANSI: Z359.1
MINIMUM BREAKING STRENGTH	5,000 lbs		
WEIGHT	5.3 lbs		

Workman Personal Fall Limiters (PFL)



The Workman Personal Fall Limiter (PFL) and the Workman Twin-Leg Personal Fall Limiter are two of the most versatile fall protection devices available on the market today. The Workman PFL has a fast-acting brake mechanism and the Workman Twin-Leg PFL offers a great alternative to twin-leg energy-absorbing lanyards.

- Rugged, impact-absorbing protective bumpers for added durability
- 400-lb. working capacity eliminates the need to custom order a product for a worker exceeding 310 lbs
- ATO ordering flexibility allows you to order the exact and only options you want

Workman Web PFL Ordering Information

WORKMAN PFL— WEB VERSION							
	PART NO.	Description	PFL Connection	Lifeline Connection	Standards		
					CSA Z259.2.2	ANSI Z359.14-2012	OSHA
1	10093348	Workman PFL, 12' line length	None	LI snaphook			■
1	10093349	Workman PFL, 12' line length	None	LC snaphook			■
1	10093350	Workman PFL, 12' line length	1" steel carabiner	LC snaphook			■
2	10093352	Workman PFL, 12' line length	Back D connector	LC snaphook			■
1	10093353	Workman PFL, 12' line length	1" steel carabiner	36C snaphook		■	■
1	10093354	Workman PFL, 12' line length	None	36C snaphook		■	■
	10093351	Workman PFL, 11' line length	Back D connector	AL64 snaphook			■
	10093355	Workman PFL, 10' line length	None	AL36C snaphook	■		■
2	10093356	Workman PFL, 10' line length	None	36C snaphook	■		■
2	10093357	Workman PFL, 10' line length	1" steel carabiner	36C snaphook	■		■
	10093358	Workman PFL, 10' line length	Back D connector	36C snaphook	■		■

Workman Web PFL Lifeline Replacement Kits Ordering Information

PART NO.	Lifeline	Description	PART NO.	Lifeline	Description
10097399	Web	Replacement 12-ft lifeline with LI snaphook	10093819	Web	Replacement 10-ft lifeline with LI snaphook
10093812	Web	Replacement 12-ft lifeline with swivel carabiner	10093822	Web	Replacement 10-ft lifeline with swivel carabiner
10093811	Web	Replacement 12-ft lifeline with 1" aluminum carabiner	10093821	Web	Replacement 10-ft lifeline with 1" aluminum carabiner
10093800	Web	Replacement 12-ft lifeline with 1" steel carabiner	10093820	Web	Replacement 10-ft lifeline with 1" steel carabiner
10093815	Web	Replacement 12-ft lifeline with LC snaphook	10093825	Web	Replacement 10-ft lifeline with LC snaphook
10093797	Web	Replacement 12-ft lifeline with 36C snaphook	10093817	Web	Replacement 10-ft lifeline with 36C snaphook
10093798	Web	Replacement 12-ft lifeline with 36CSN swivel snaphook	10093818	Web	Replacement 10-ft lifeline with 36CSN swivel snaphook

Workman Cable PFL Ordering Information

WORKMAN PFL— CABLE VERSION						
PART NO.	Description	PFL Connection	Lifeline Connection	Standards		
				CSA Z259.2.2	ANSI Z359.14-2012	OSHA
10104708	Workman PFL, 12' line length	None	LI snaphook			■
10104709	Workman PFL, 12' line length	None	LC snaphook			■
10104710	Workman PFL, 12' line length	1" steel carabiner	LC snaphook			■
10104791	Workman PFL, 11' line length	Back D connector	AL64 snaphook			■
10104792	Workman PFL, 12' line length	Back D connector	LC snaphook			■
2 10104793	Workman PFL, 12' line length	1" steel carabiner	36C snaphook		■	■
10104794	Workman PFL, 12' line length	None	36C snaphook		■	■
10104795	Workman PFL, 10' line length	None	AL36C snaphook	■		■
10104796	Workman PFL, 10' line length	None	36C snaphook	■		■
10104797	Workman PFL, 10' line length	1" steel carabiner	36C snaphook	■		■
10104798	Workman PFL, 10' line length	Back D connector	36C snaphook	■		■



Twin-Leg PFL
(front)



Twin-Leg Tie-Back PFL
(front)



Twin-Leg Tie-Back PFL
(back)



Patent-pending ARCA™ Harness Connection

- Intuitive design allows for fast and easy connection to harness back D-ring.
- Locking cams move in opposite directions to prevent accidental disengagement.
- Cam guards help to prevent unintentional contact with the cams.
- Dual cams provide redundancy to increase security and safety.

Workman Twin-Leg Personal Fall Limiter (PFL) Ordering Information

PART NO.	Description	Lifeline Connection	Standards		
			CSA Z259.2.2 - Type 1	ANSI Z359.14	OSHA
1 10118937	Workman Twin Leg PFL, 6' line length	36CL snaphook	■	■	■
1 10120050	Workman Twin Leg PFL, 6' line length	AL36CL snaphook	■	■	■
10129903	Workman Twin Leg PFL, 6' line length	LC snaphook	■		■
1 10120052	Workman Twin Leg PFL, 6' line length	36C snaphook	■	■	■
1 10125271	Workman Twin Leg Tie-Back PFL, 6' line length	FP5K snaphook	■	■	■
1 10125272	Workman Twin Leg Tie-Back PFL, 7.5' line length	FP5K snaphook	■		■
10122373	Optional lockout hardware	—	—	—	—

Workman Personal Fall Limiter (PFL) Assemble-To-Order Matrix

Approvals	Line Length	PFL Connector	Lifeline Connector	Field-Replaceable Line
C CSA & OSHA A ANSI Z359.1 & OSHA O OSHA & ANSI A10.32 E EN360:2002	06 6' web 07 7' web 08 8' web 09 9' web 10 10' web 11 11' web 12 12' web 07G 7' cable 08G 8' cable 09G 9' cable 10G 10' cable 11G 11' cable 12G 12' cable	0 None 1 Back D-ring connector 2 1" aluminum carabiner 3 1" steel carabiner 4 2" aluminum carabiner 5 2" steel carabiner 6 36CL snaphook	0 LI snaphook 1 Swivel carabiner 2 1" aluminum carabiner 3 1" steel carabiner 5 AL64 snaphook 6 LC snaphook 8 36C snaphook 9 36CSN snaphook A Triple lock carabiner B 36CS snaphook with load indicator D 36CL snaphook	N No Y Yes

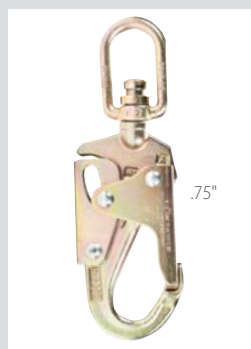
A-PFL

- Replaceable lifeline feature not available on Workman PFLs with cable lifeline.
- Workman PFLs ordered using the ATO matrix are not returnable.
- Large snaphooks (AL64 and 36CL) available with back D-ring connector on PFL connector only

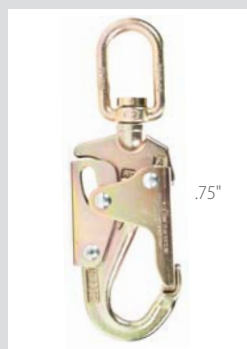
Snaphooks



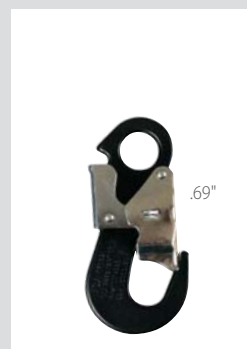
36C Snaphook



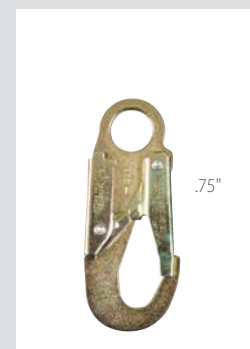
36CS Snaphook
(swivel with load indicator)



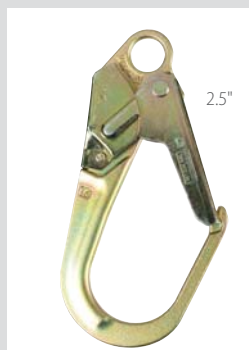
36CSN Snaphook
(swivel without load indicator)



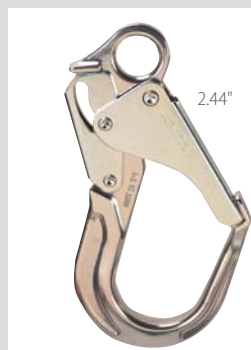
LI Snaphook



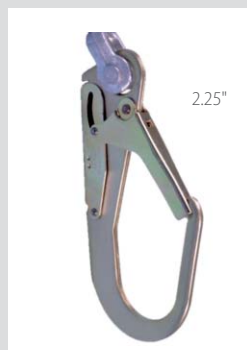
LC Snaphook



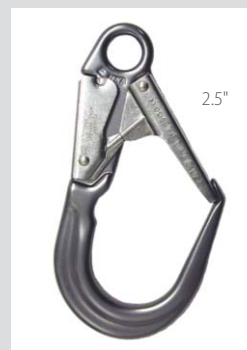
36CL
Snaphook



AL36CL
Snaphook



GL3100
Snaphook



AL64
Snaphook



FP5K
Snaphook

Workman Self-Retracting Lanyard (SRL)

With lightweight design, durable thermoplastic housing and impact-absorbing bumpers, the Workman SRL is not only well accepted by users, but also provides years of dependable service.

- RFID-enabled product for simplified product tracking and inspection
- 400-lb working capacity for increased versatility
- Integral, ergonomic carrying handle for easier transport and installation
- Available with galvanized or stainless steel lifeline to fit your varied applications
- Swivel snaphook with load indicator at lifeline end greatly limits twisting of cable; also alerts users that the Workman SRL has been involved in a fall
- Available in 30-ft and 50-ft lengths to provide the mobility you need
- Certification to ANSI Z359.14-2012 and CSA Z259.2.2 for compliance and peace of mind
- Meets all OSHA requirements



WORKMAN SELF-RETRACTING LANYARDS	10119507	1	Workman SRL, 30-ft, galvanized cable, 36CS snaphook
	10120724	1	Workman SRL, 30-ft, stainless steel cable, 36CS snaphook
	10121834	1	Workman SRL, 50-ft, galvanized cable, 36CS snaphook
	10121778	1	Workman SRL, 50-ft, stainless steel cable, 36CS snaphook

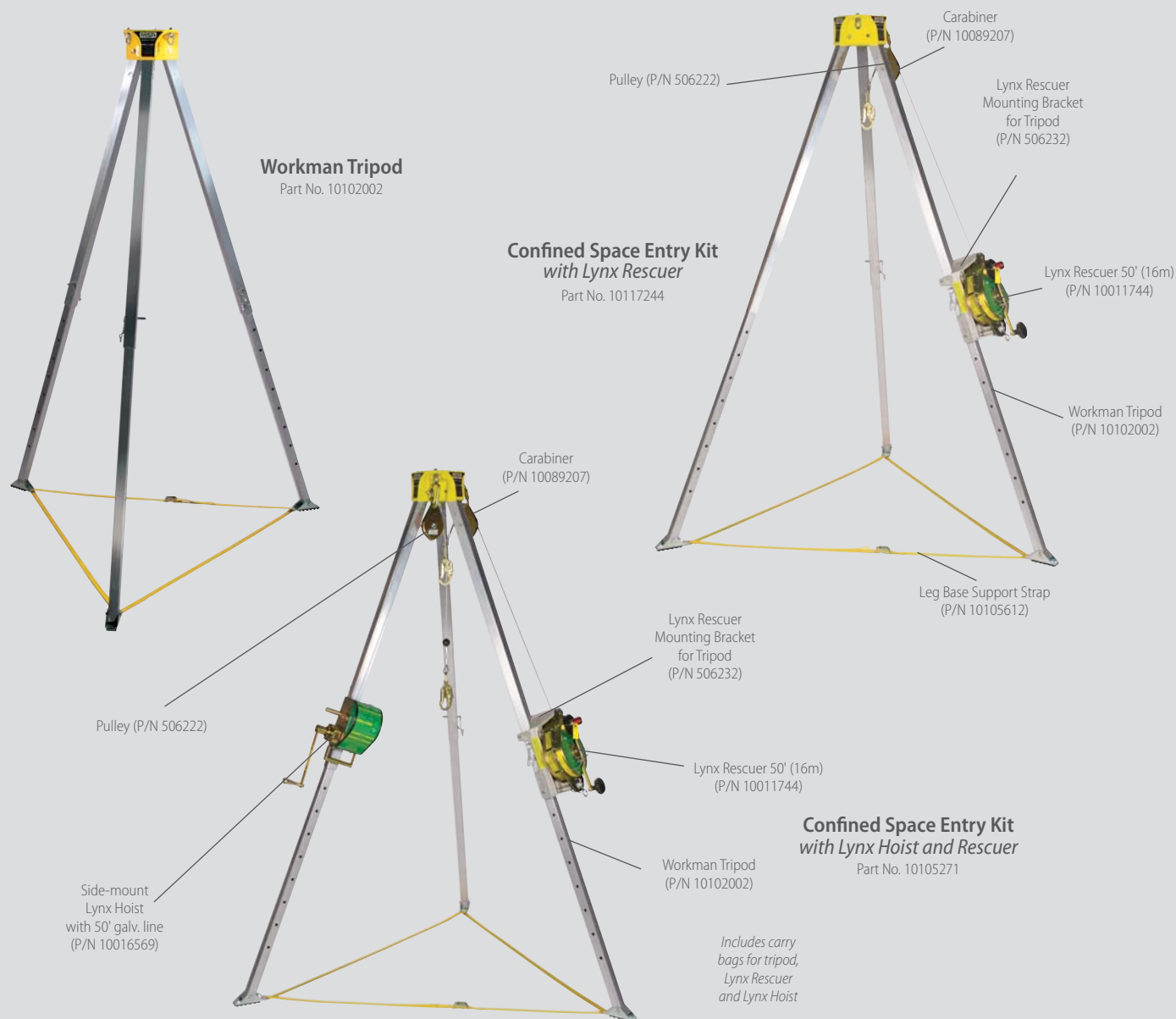
Workman Tripod and Workman Confined Space Entry Kits

Ordering Information

NEW!	WORKMAN TRIPOD	10102002	2	Workman Tripod
	CONFINED SPACE ENTRY KITS	10125297		Confined Space Entry Kit with Lynx Hoist and Dynevac II Rescuer, 50'
		10125298		Confined Space Entry Kit with Dynevac II Rescuer, 95'
		10105271	2	Confined Space Entry Kit with Lynx Hoist and Lynx Rescuer, 50'
		10115109		Confined Space Entry Kit with Lynx Hoist and Lynx Rescuer, CSA version, 50'
		10117244		Confined Space Entry Kit with Lynx Rescuer, 50'
		10115110		Confined Space Entry Kit with Lynx Rescuer, CSA version, 50'
	REPLACEMENT PARTS AND ACCESSORIES	10105612		Leg base support strap
		10089207		Carabiner
		506222		Pulley
		10011744		Lynx Rescuer, 50'
		10013077		Replacement key for Lynx Rescuer
		10016569		Side-Mount Lynx Hoist, 50'
		506232		Lynx Rescuer mounting bracket
		10105656		Tripod duffel bag
		507151		Hoist/Rescuer carrying bag



Workman® Tripod and Workman Confined Space Entry Kits



MSA Tripods make confined space entry with vertical descent easy. The Workman Tripod features an internal leg-locking mechanism, a maximum height indicator on the tripod legs, cut-resistant leg pin retention chains, recessed product labels, a reduced weight and an integral carrying strap. The Workman Tripod can be set up and dismantled without the use of tools.

- Automatic hinge lock legs with incremental adjustment
- Skid-resistant feet

Complete confined space entry kits are ideal for multiple confined space applications. They feature three tripod kits and two folding davit kits with a single part number for simplified ordering.

- Enable non-entry rescue of a confined space entrant
- Provide great portability
- Allow lifting and lowering of materials and personnel via the hoist while retaining the ability to use an SRL



OUR COMMITMENT
TO YOU...

The MSA Fall Protection Promise

MSA promises to replace any MSA harness and/or textile lanyard FREE of charge if a user falls while properly using our product. If the fall occurs while using an MSA mechanical device, we will re-certify the device FREE of charge.

MSA believes that it is important to provide high quality products and recognize safe work practices.

Products should be returned with a signed copy of the accident report to:

MSA

Attn: Fall Protection Product Line Manager

1100 Cranberry Woods Drive

Cranberry Township, PA 16066-5204

Need it **NOW**? Call MSA!

Need it NOW! is our fall protection delivery program that's designed to get you the products you need, when you need them — **NOW!**

Two tiers of priority shipping are offered under the **Need it NOW!** delivery program:

- Tier I includes MSA's most popular products. Tier I delivery offers same day or next-day shipping.
- Tier II delivery offers shipping within 5 days.

Products included in this program are identified by the following symbols:

- Symbols with a 1 denote Tier I product status  
- Symbols with a 2 denote Tier II product status  
- Black symbols denote that the maximum order quantity for priority shipping is 100 units  
- Red symbols denote that the maximum order quantity for priority shipping is 50 units  

Visit our website at www.MSAsafety.com to view complete program terms and conditions.



Note: This bulletin contains only a general description of the products shown. While uses and performance capabilities are described, under no circumstances shall the products be used by untrained or unqualified individuals and not until the product instructions including any warnings or cautions provided have been thoroughly read and understood. Only they contain the complete and detailed information concerning proper use and care of these products.



MSA Corporate Center

1000 Cranberry Woods Drive
Cranberry Township, PA 16066 USA
Phone 724-776-8600

www.MSAsafety.com

U.S. Customer Service Center

Phone 1-800-MSA-2222
Fax 1-800-967-0398

MSA Canada

Phone 1-800-MSA-2222
Fax 1-800-967-0398

MSA Mexico

Phone 01 800 672 7222
Fax 52-44 2227 3943

MSA International

Phone 724-776-8626
Toll Free 1-800-672-7777
FAX 724-741-1559

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The Safety Company

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